

It's a no holes barred chat about obesity in America, obesity as a "suicide lifestyle," the fat tax and much more. Anthony Bourdain talks to American hard rock guitarist Ted Nugent , who is also known for his conservative political views and activism.

Anthony Bourdain and Ted Nugent are in a four-wheel drive vehicle on Ted Nugent Nugent's property and as they sit side by side the conversation starts.

Ted Nugent: I'm really angry at Obesity

Anthony Bourdain: There are a lot of fat fucks out there.

Ted Nugent: Obesity is a manifestation of a cultural depravation in it's most vulgar and displeasing to look at form and it's suicide as a lifestyle

Anthony Bourdain: My argument is that it's unpatriotic

Ted Nugent: Certainly it's that but it's UN-Anything good. It's against all good.

Anthony Bourdain: You know it's not a personal lifestyle choice if you have to wash yourself with a stick ...and like somebody else has to clean the sponge for you.

Ted Nugent: If you have to pick up slabs to dry off after a shower, you are... You're in deep.

Anthony Bourdain: That is not a personal...

Ted Nugent: You are an.....That's a liability. You are a liability ...You have chosen to be a liability to yourself, your family, your neighborhood and this country.

Anthony Bourdain: I agree and uh... I'm not asking people to become a Victoria's Secret model...though it would be nice it's ah.

Ted Nugent: The more the merrier.

Anthony Bourdain: I don't think you should just... just necessarily aspire to that. But if you're clogging a fucking exit ... in a...in a...in a burning in a burning plane. Or if you're clogging

Ted Nugent: (Unintelligible)

Anthony Bourdain: Or if you're clogging a stairwell (Unintelligible) as we are forced... (Unintelligible)

Ted Nugent: It's so ugly

Anthony Bourdain: As we try and make an emergency egress...How do we smoke Osama out of his hole if we can't fit our fat ass in afterwards?

Ted Nugent: And here it is in a nutshell....another one of those prime issues. How dare a nation who clearly doesn't care about their health, dare ask for healthcare. And the obesity is the most vile, vulgar abuse, of the personal responsibility of caring about your health. That is an unhealthy choice and I know there are people who are mentally deranged who just don't know better and they do need help. . But... But.... Ninety-Nine percent of the Sperm Whales walking the streets of this country. They got up in the morning, they go" I'm fatter then a fucking pig and here's a list of things I should not do and I should not eat and I'm doing all of them today, again." They choose to make deadly, suicidal. Not just mistakes for their own life but you and I are paying.

Anthony Bourdain: We're paying for it

Ted Nugent: Paying dearly for it...

Anthony Bourdain: That's right...

Ted Nugent: That's my....That's my....

Anthony Bourdain: I like the guy who was [promoting the fat tax](#) I thought that was a good idea.

Ted Nugent: At some point...

Anthony Bourdain: Honestly. You know if you're talking up more then one seat on the subway.

Ted Nugent: Unbelievable

Anthony Bourdain: I think you should pay more...If you're leaking over into my seat...

Ted Nugent: Leaking!

Anthony Bourdain: That I paid full price for

Ted Nugent: (Laughing)

Anthony Bourdain: You know what? You're paying for half my seat Jumbo. And, and by the way don't block my fucking exit door because I'm coming right through you.

Ted Nugent: I just don't like it... I've had fat people on airplanes

Anthony Bourdain: Not to the point where you would...mandate. Like make fast food illegal for instance?

Ted Nugent: No, not at all

Anthony Bourdain: But....but we're reaching a point where...I mean look at it childhood type two diabetes.

Ted Nugent: Oh.

Anthony Bourdain: Is like

Ted Nugent: Self inflicted!

Anthony Bourdain: Is exploded now. One in five in five kids..

Ted Nugent: Oh

Anthony Bourdain: Born since 2000 are going to have it.

Ted Nugent: What a heartbreaker.

Anthony Bourdain: So no matter what. The state should not step in and say, "Ok we've had enough Cinnabons...That's it. We're making it illegal to ...Your just too dumb ass to decide ...Even what to put in your mouth! Big nannies' going to have to step in?" You don't think there is a point at which government should have to get involved? I mean I don't.

Ted Nugent: I don't at all. I believe that it all comes back to the horror. The soullessness of a trend in America that is the abandonment of parenting. That needs to happen at home and at school. Wherever young people are under the guidance of any authority, school and home...and at the workplace. Somebody's gotta go "You can't eat that. You're way too fat.

Anthony Bourdain: See this is the problem. When I grew up, it was ok to pick on the fat kid in class you know.

Ted Nugent: (Unintelligible)

Anthony Bourdain: You know "you are uh..."

Ted Nugent: Now you have ...Your right.

Anthony Bourdain: "You are an undesirable blobeloid... you know. Get with the plan ...the presidents... Uh... what....plan of physical fitness"

Ted Nugent (Laughing) Bloberoid.

Anthony Bourdain: Yea, now that would be unthinkable. "You have chosen an alternate lifestyle, oh hefty one"

Ted Nugent: So bottom line is it's about choices. I think everyone should be free to make choices. Until that choice includes you shitting upstream, from my choices. Because. Cause I have to deal with the feces floating downstream which is obesity, which is quite honestly. It's the drinking, the smoking and agai...I drink wine and my brothers come to thanksgiving dinner and ,ah. A bottle of beer is better for you than a Coca Cola. I'm not against drinking and not against smoking .What I'm against is the abuse and what I'm against is when your choices end up coming out of my paycheck, that's when it must come to a screeching halt, because nothing I do causes your paycheck to dwindle. So the last you could do is the same respect for me.

Anthony Bourdain: A little respect for your name.

Ted Nugent: I'd like to see that.

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